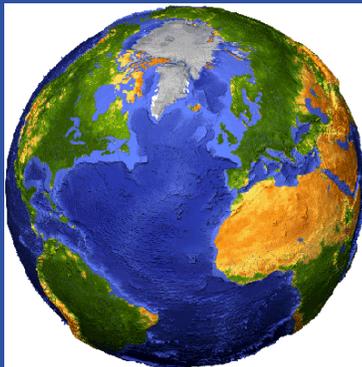




## PEACE VIGIL 2013

9/21/2013 to  
12/31/2013



**Dare to make the  
dream of PEACE  
REAL.**

**Dare to create a  
violence free  
world.**

**Dare to create  
safety for all.**

# Peace Vigil 2013

September 21, 2013 to December 31, 2013

Have you ever wondered what might be possible for us to create all together?

Have you ever dreamed of an end to violence of all kinds?

You are invited to join millions of people around the world who have also asked this question and have this dream. We will be working together all using our Higher Consciousness to create an end to violence world-wide in 2013.

- **Dare to make the dream of Peace real.**
- **Dare to create a violence free world.**
- **Dare to create safety for all.**

For 15 minutes in the morning and 15 minutes in the evening:

1. Sit or lie down comfortably
2. Take several deep breaths and relax
3. Open your heart and invite Divine Light to come into your heart chakra and move through your body out into the world to every place where there is violence occurring at this moment. Allow that Divine Light to work through you for a minimum of 15 minutes.
4. When you feel complete, set your intention to close your heart chakra and resume breathing normally.
5. Say a prayer of thanks and complete the process in whatever way feels natural to you.

As you notice changes in yourself, your family, your town/city, your state, your country or your planet, please email us and let us know. Together we can actually create the world we want to live in. Thank you for your participation.

For more information on other vigils, visit us at:  
[www.MotherEarthHealingFoundation.com](http://www.MotherEarthHealingFoundation.com)

**Kathryn Keeton** is a gifted Healer, Teacher, Conscious Channel for The Ascended Masters, Archangels, and other Beings of Light. She has maintained a private practice since 1988 and a student base since 1991. Her background includes Child Development, Zen Buddhism, 12 Step Work, Tibetan Healing, Herbology, and Divine Consciousness Healing Transmission. She offers a direct transmission of God-Consciousness as she shares tools, stories, and wisdom she has gained from her life-long spiritual journey.

